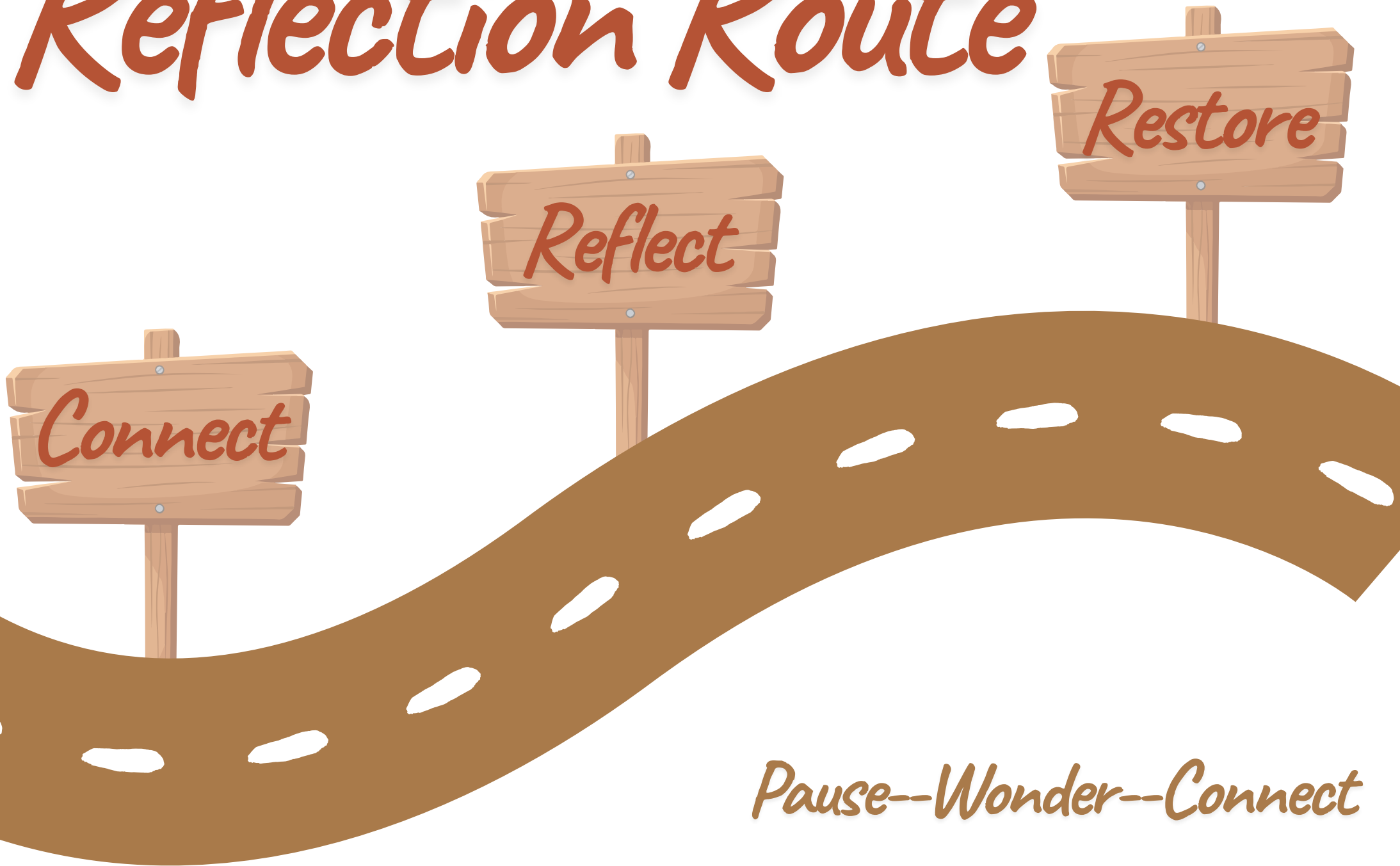
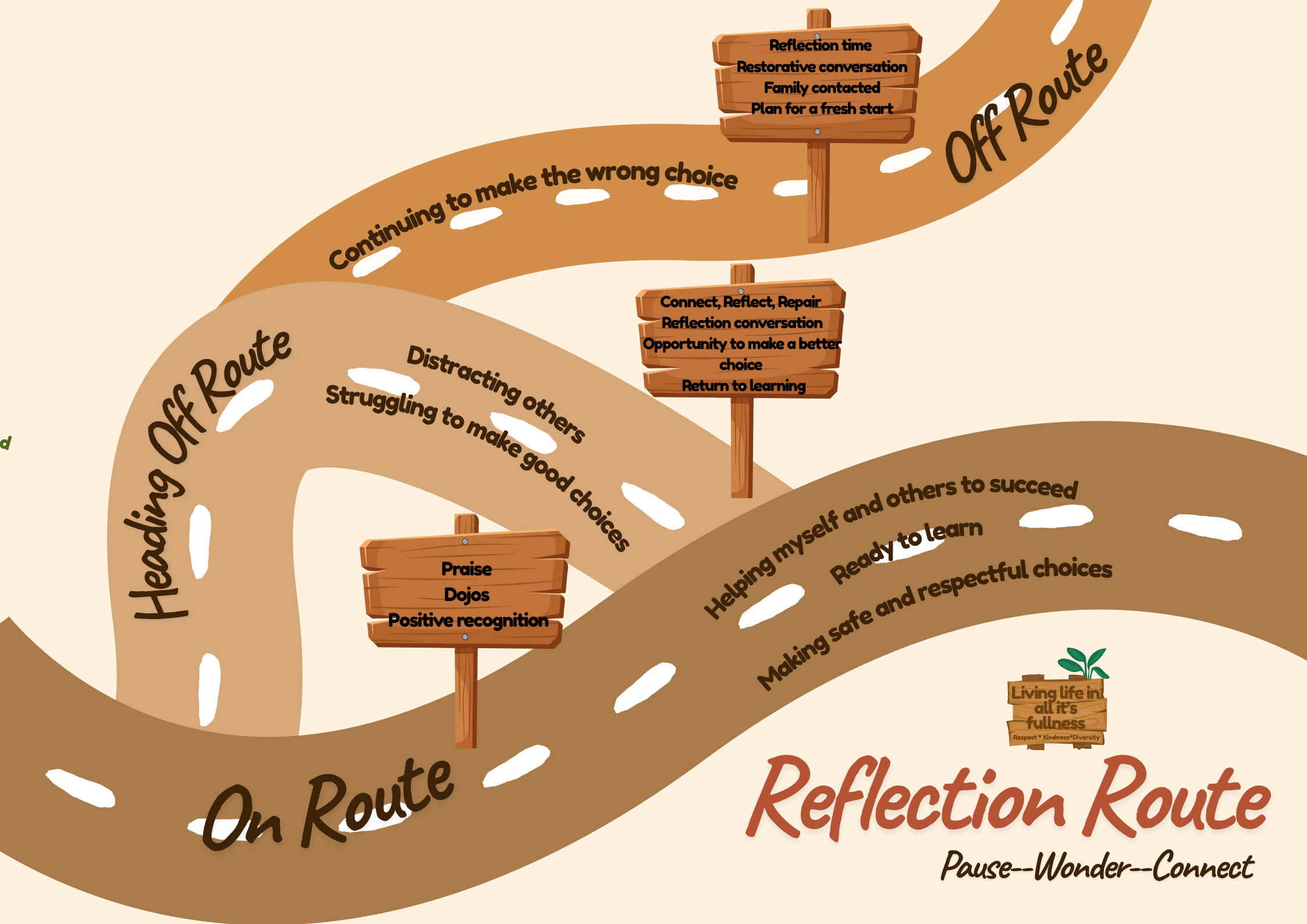
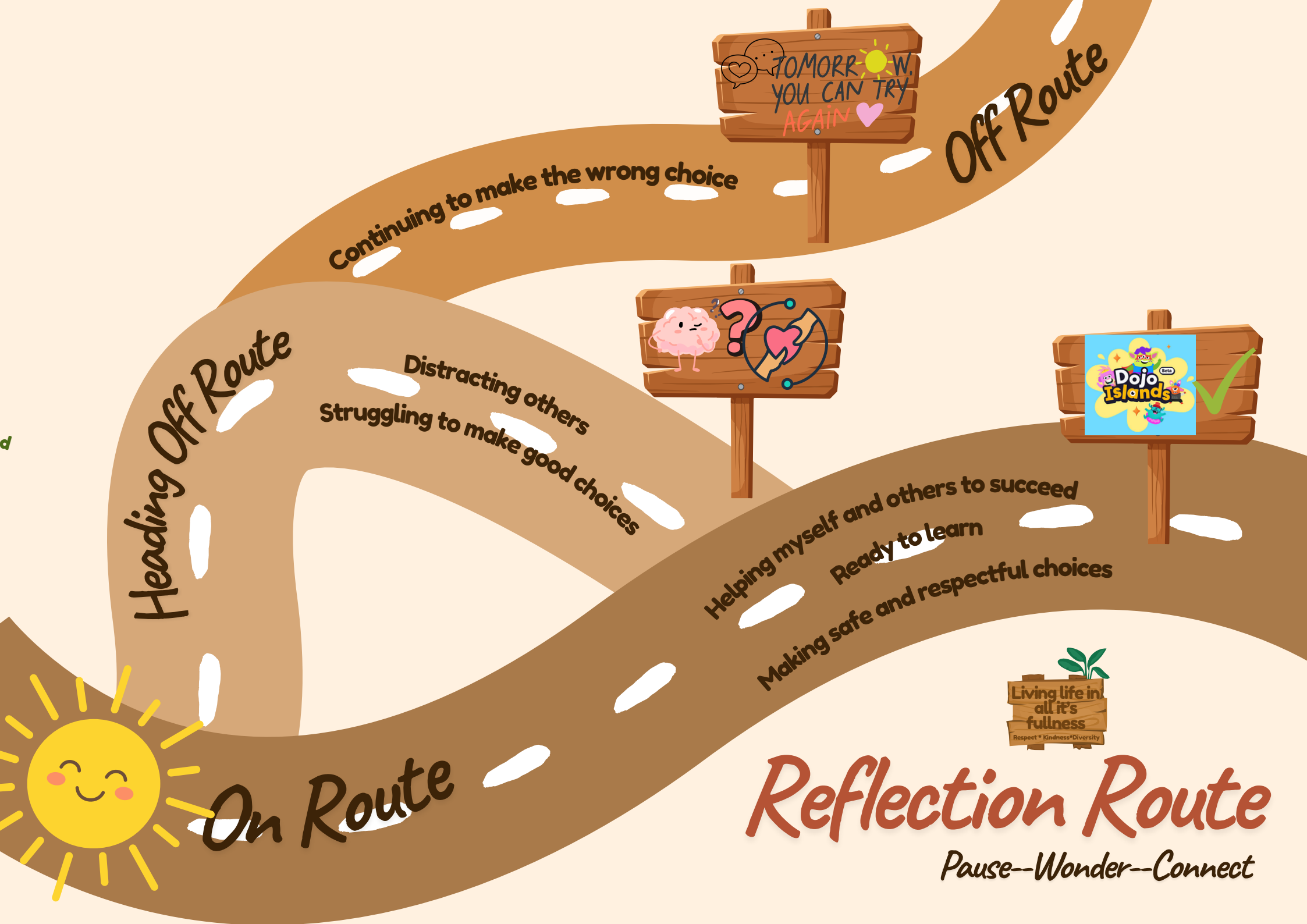


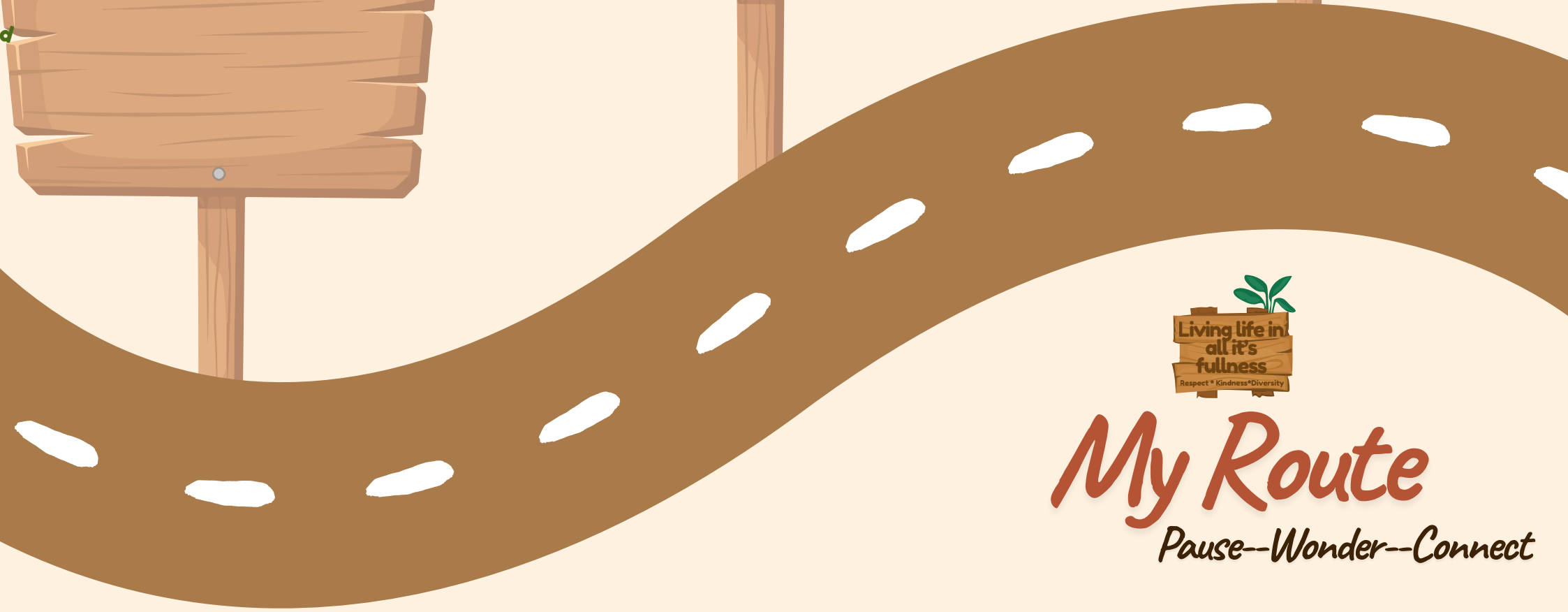
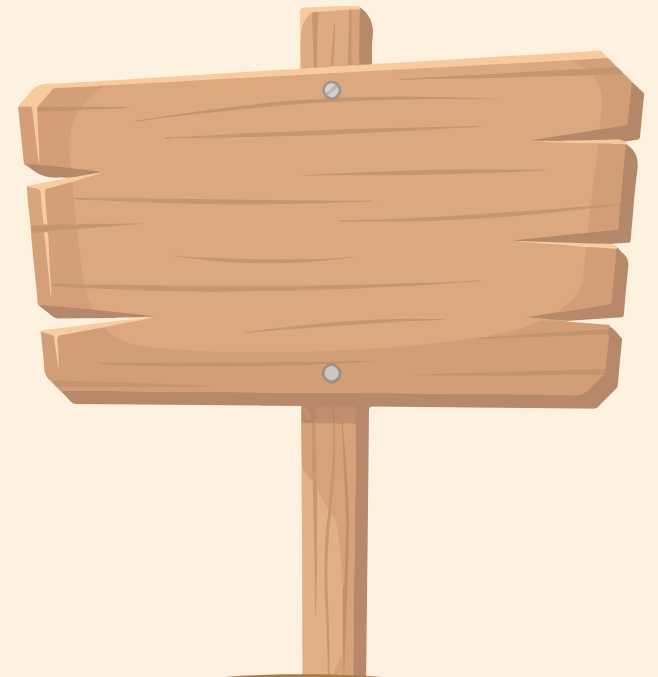
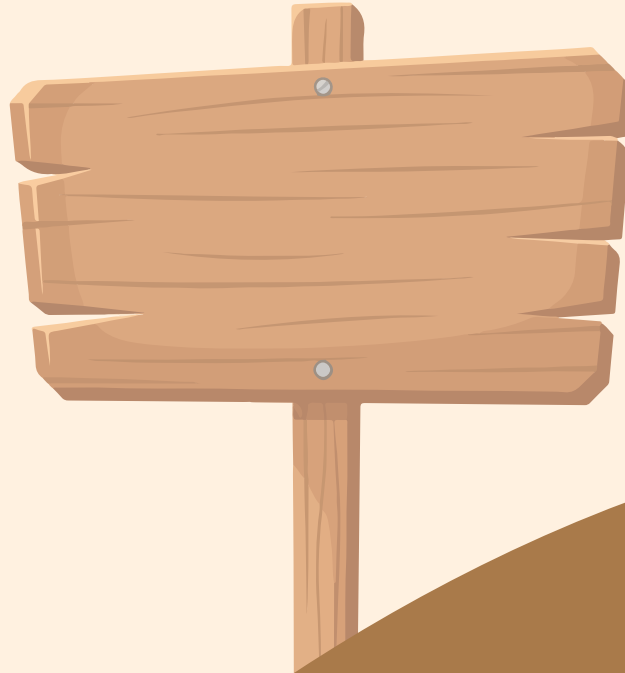
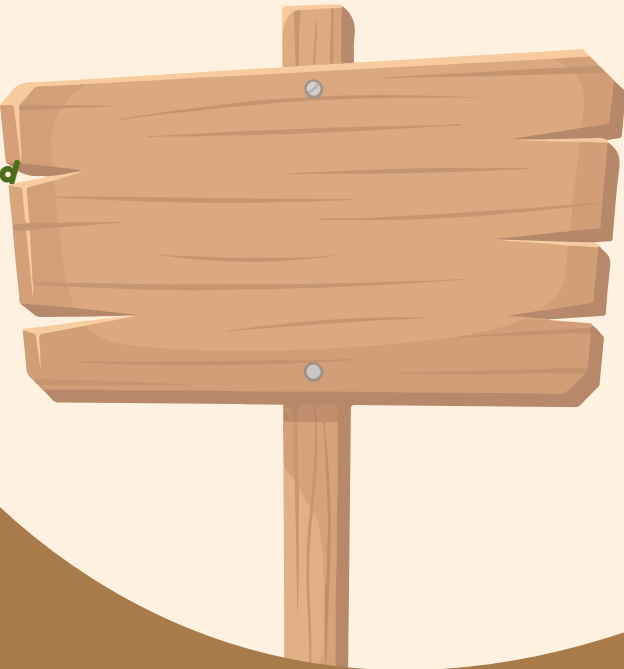
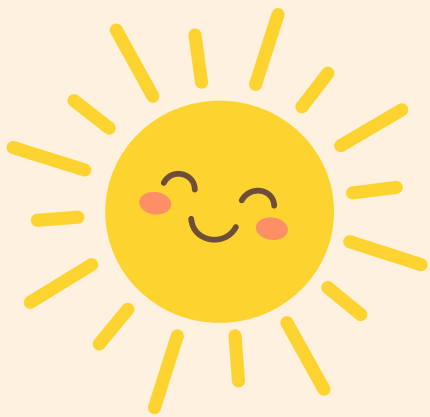
Reflection Route



Pause--Wonder--Connect







My Route
Pause--Wonder--Connect

Heading Off Route...

The child is beginning to struggle

Purpose:

Reflection, not punishment.

Adult Approach:

Regulate yourself first.

Approach quietly.

Use curiosity and connection.

Give an opportunity to repair.

KS1 Reflection Route Script

Connect - I can see something isn't quite right.

Wonder - I'm wondering what you are feeling?

Reflect - Are your choices helping you stay on the right path? What zone are you in?

Repair - What could you do now to get back on track?

Support - How can I help you?

KS2 Reflection Route Script

Connect - I've noticed that something seems tricky for you.

Wonder - Can you help me understand what's happening?

Reflect - How is this choice affecting your learning or others around you?

Repair - What needs to happen now to get back on the right route?

Responsibility - What support do you need from me?

Off Route...

Child has not responded to reflection and support or behaviour is unsafe/significantly disruptive.

Focus on:

Support, accountability and repair.

Adult Response:

Remain calm.

State what has been observed.

Move to a reflection conversation.

Complete Reflection Route record.

Parent informed.

Follow-up repair conversation.

KS1 Reflection Route Script

Connect - I can see today has been tricky

Wonder - What happened? How are you feeling?

Reflect - What can we do to help make things better? What will you do next time?

Repair - What can we do to make sure tomorrow is a better day?

KS2 Reflection Route Script

Connect - I can see that despite support, you've found it difficult to return to the Reflection Route today."

Wonder - What happened from your perspective

Reflect - What were you feeling at that moment? Who has been affected?

Repair - What needs to happen now? What will you do differently next time?

Support- What would help you succeed tomorrow?



Whole-School Parent Partnership

Working Together

Our Connect • Reflect • Restore pathway is designed to help children develop self-awareness, emotional regulation and responsibility.

When a child requires additional support, we share information with parents and carers so that school and home can provide a consistent, caring response.

We encourage calm conversations that help children understand what happened, learn from their experiences and make positive choices moving forward.

Together we aim to:

Build resilience

Develop emotional literacy

Strengthen relationships

Encourage responsibility

Support positive behaviour

Provide every child with a fresh start

Mistakes are opportunities to learn, grow and restore.



KS1

Reflect & Restore

For Parents and Carers

At St. Anne's, we believe children learn best when school and home work together. Sometimes children find it difficult to manage their feelings, friendships or behaviour. When this happens, we support them to understand what has happened and how they can make things better for themselves and sometimes others too.

If your child brings home 'Reflect & Restore' - this is not a punishment but an opportunity for us to work together to help your child develop important life skills, including:

Understanding feelings

Taking responsibility

Solving problems

Repairing relationships

Making positive choices

We know that children make mistakes as part of learning and growing; our aim is always to support, teach and encourage and give each child a fresh start every day.

KS1

Reflect & Restore

Today your child needed some extra support through our Restore Pathway. We have talked together about what happened and identified ways to help them be successful tomorrow. We value your support in having a short, positive conversation at home so your child receives a consistent message from the adults around them.

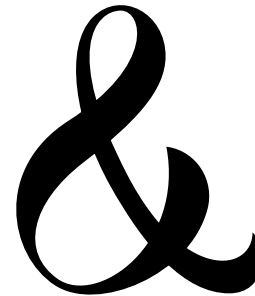
Questions to talk about together...

Today we needed some extra support to:

- ☐ Follow instructions
- ☐ Use kind words
- ☐ Stay safe
- ☐ Solve a friendship problem
- ☐ Manage big feelings
- ☐ Make positive choices

Reflect

What happened?
How were you feeling?
What made this tricky?
What could you do differently
next time?



Restore

Who was affected?
How we can make things better?
What support do you need?
How can you have a fresh start
tomorrow?

Parent/Carer feedback:

School comment:

Date:

Thank you for your continued support



KS2

REFLECT & RESTORE

For Parents and Carers

As children grow, they continue to develop important skills such as emotional regulation, resilience, empathy responsibility.

When a child reaches the Reflect & Restore stage of our pathway, we use restorative conversations to help them reflect on their choices and understand the impact of their actions.

Our aim is not blame or punishment, instead, we want children to learn:

Why situations occur

How emotions affect decisions

How their actions impact others

How relationships can be repaired

How to make more successful choices in the future and know that each day is a new start

We greatly value the support of parents and carers in helping children develop these skills - please let us know if you need any further information or support.

KS2

Reflect & Restore

Today your child needed some extra support through our Restore Pathway. We have talked together about what happened and identified ways to help them be successful tomorrow. We value your support in having a short, positive conversation at home so your child receives a consistent message from the adults around them.

Questions to talk about together...

Today we needed some extra support with:

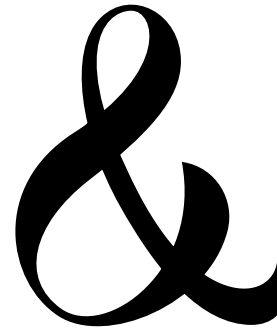
- ☐ Learning behaviour
- ☐ Friendship issues
- ☐ Respect
- ☐ Emotional regulation
- ☐ Safety
- ☐ Responsibility
- ☐ Other

Parent/Carer feedback:

Date:

Reflect

What happened?
How were you feeling at the time?
What do you think contributed to this situation?
Who was affected?
How might they have felt?
What could be done to repair the situation?



Restore

What will you do differently next time?
How can school help?
How can home help?

School comment:

Thank you for your continued support

Class:

Week beginning:

Weekly Tracking Sheet

Child	Day	Concern & Context	Action Taken	Parent contacted

PATTERNS TO LOOK FOR:

Friendship Issues, Anxiety, Emotional Regulation, Transition, Sensory Need, Attention Difficulties, Conflict, Challenges at Home, Work Avoidance, Low Confidence

SUPPORT PROVIDED:

Reflection Conversation, Regulation Break, Trusted Adult Check-In, Movement Break, Time to Regulate, Restorative Conversation, Parent Discussion, SENDCo Discussion, Pastoral Support

Child	Days	Total Heading Off Route	Total Off Route	Observations	What helped	Next Steps